## Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

## **Listing of Claims:**

## **IN THE CLAIMS:**

- (Currently Amended) Method for maintaining normal blood pressure, eomprising consisting essentially of administering to a subject glycine betaine in an amount sufficient to achieve the desired result.
- 2. (Original) The method according to claim 1, wherein a daily dosage of 0.05-20 g of glycine betaine is administered.
- 3. (Original) The method according to claim 1, wherein a daily dosage of 0.1-8 g per day of added glycine is administered.
- 4. (Original) The method according to claim 1, wherein glycine betaine is in the form of anhydride, monohydrate, or a salt.
- 5. (Currently Amended) Method for reducing blood pressure, eomprising consisting essentially of administering to a subject glycine betaine in an amount sufficient to achieve the desired result.
- 6. (Original) The method according to claim 5, wherein a daily dosage of 0.05-20 g of glycine betaine is administered.
- 7. (Original) The method according to claim 5, wherein a daily dosage of 0.1-8 g per day of added glycine is administered.

- 8. (Original) The method according to claim 5, wherein glycine betaine is in the form of anhydride, monohydrate, or a salt.
- 9. (Original) The method according to claim 5, wherein the reduction of diastolic pressure is achieved.
- 10. (Currently amended) Method for the prevention or treatment of hypertension, eomprising consisting essentially of administering to a subject in need of such treatment glycine betaine in an amount sufficient to achieve the desired result.
- 11. (Original) The method according to claim 10, wherein a daily dosage of 0.05-20 g of glycine betaine is administered.
- 12. (Original) The method according to claim 10, wherein a daily dosage of 0.1-8 g per day of added glycine is administered.
- 13. (Original) The method according to claim 10, wherein glycine betaine is in the form of anhydride, monohydrate, or a salt.
- 14. (Original) The method according to claim 10, wherein a daily dosage of 0.05-20 g of glycine betaine is provided.
- 15. (Original) The method according to claim 10, wherein a daily dosage of 0.1-8 g per day of added glycine is provided.
- 16. (Original) The method according to claim 10, wherein the added glycine betaine is in the form of anhydride, monohydrate, or a salt.
- 17. (Original) The method according to claim 10, wherein the reduction of diastolic pressure is achieved.